

# Associate Paper

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## From the Ground Up – Regenerative Agriculture

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### Summary

FDI invites you to follow the link below to view the video *From the Ground Up – Regenerative Agriculture*, directed, produced, videoed and edited by filmmaker [Amy Browne](#) for Festival 21, 2019.

Festival21 is described as “a massive, grass-roots celebration of food, culture and future”. Proudly presented by the [Sandro Demaio Foundation](#), who want to inspire and empower Australians to make positive changes to their health, their environment and their community through food.

### Background

Regenerative agriculture is one of the most promising wide-scale environmental solutions. This short documentary is a comprehensive journey through a variety of landscapes and regenerative farming techniques.

Inspired by Charles Massy’s best-selling book “Call of the Reed Warbler”, filmmaker Amy Browne set out across the dry farming country of South East NSW to meet Charles and the other inovative farmers bringing new life to their land.

*From the Ground Up* is a story of genuine change and inspiration tracing the steps of individuals who transformed their practices following the life-changing realisation that farmers have a unique opportunity to restore the planet.

### Video Link:

[From the Ground Up – Regenerative Agriculture.](#)

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